



TROY YOUTH ASSISTANCE FAMILY EDUCATION PROGRAMS



FALL 2018

SAVE THE DATES

OCTOBER 2018

YO'KIDS—yoga for kids!TM

Parent & Child Yoga Class

Students in Grade 2

Mondays, October 1, 8, 15, 22, 6:30-7:00pm

YO'KIDS—yoga for kids!TM

Students in Grades 4-5

Mondays, October 1, 8, 15, 22, 7:15-8:00pm

Parenting Program

VAPING and E-CIGARETTES

Nicotine's New Frontier

Parents of Middle School and High School Students

Monday, October 29, 7:00-8:30pm

NOVEMBER 2018

Youth Workshop

GIRLS STAND STRONG

Girls in Grades 4-6

Mondays, November 5, 12, 19, 26, 6:00-7:30pm

Youth Workshop

***OVERCOMING FRUSTRATION &
ANGER***

Boys in Grades 4-6

Mondays, November 5, 12, 19, 26, 6:00-7:30pm

YO'KIDS—yoga for kids!TM

Mindfulness & Movement

Students in Grades 6-8

Mondays, November 5, 12, 19, 26, 6:30-7:15pm

***ALL PROGRAMS HELD AT THE TROY SCHOOL DISTRICT SERVICE CENTER
4420 Livernois Road, Troy 48098***

WATCH FOR ADDITIONAL INFORMATION

in school newsletters, via Peachjar and on the TYA website www.TroyYouthAssistance.org

248.823.5095