



# Parenting Program

For **PARENTS** of Elementary to High School Students



**February 13, 2019 7pm**

## **TURN OFF FORTNITE; PUT DOWN YOUR PHONE!**

IMPROVING FAMILY CONNECTIONS AND REDUCING DISTRACTIONS

- Understand how **distractions** like **smart phones, gaming and streaming** are **changing families** and becoming a huge challenge for them
- Learn ways to **improve your relationship** with your child/teen and **minimize distractions** in your family
- Explore strategies to **limit power struggles over screen time** when your child/teen says “In a minute” over and over again

**Presented by Dr. Daniel Klein, Licensed Psychologist**

**Director of Child and Family Solutions Center**

Dr. Klein has +25 years of experience working with children, teens and families in areas which include behavior challenges, emotional difficulties and adjustments. He has written articles for The Detroit News and Metro Parent magazine and appeared on local television.



**Program Location:**  
**Troy School District**  
**Service Center Board Room**  
**4420 Livernois Road, Troy**  
(Between Wattles and Long Lake Roads)

**Sponsored by Troy Youth Assistance**  
TroyYouthAssistance@troy.k12.mi.us 248.823.5095

**Reservations RECOMMENDED; Space is limited.**

To Register: [click here](#)

or go to <https://www.signupgenius.com/go/10c084bacae23aafb6-distractions>