



Youth Workshop *Girls—Grades 4, 5, 6*



Girls STAND STRONG

A four-session empowerment and anti-bullying workshop for **Girls in Grades 4, 5, 6**
Presented by Erin Zeller, LMSW, CTS

The program will focus on teaching important life skills in a setting which encourages group interaction.

- * *Developing healthy coping strategies and enhancing inner strengths*
- * *Strategies for resisting peer pressure*
- * *Developing techniques for girls to STAND STRONG during times of adversity*
- * *Effectively dealing with bullying, gossip, “mean girls”, etc.*

Youth Sessions: **February 25, March 4, 11, 18** - 6:00-7:30 pm
Youth with **Parent (Required)** Session: **March 18** - 6:00-7:30 pm
Pizza served at all sessions



Space is limited: register now!

Location:
Troy School District
Service Center Building
4420 Livernois Road, Troy 48098

To Register:
Email or call Troy Youth Assistance
\$20 Registration Fee paid in Advance
to hold your spot

TroyYouthAssistance@troy.k12.mi.us

248-823-5095