



TROY YOUTH ASSISTANCE FAMILY EDUCATION PROGRAMS 2020



FEBRUARY/MARCH 2020

Yoga:

YO'KIDS—Yoga For Kids!™

Students in Grades 2-3, 6:30-7:00pm

Students in Grades 4-5, 7:15-8:00pm

Mondays, February 24, March 2, 9, 16

Instructed by MaryBeth Halushka, RYT200,
Certified Children's Yoga & Mindfulness Teacher

Youth Workshops:

OVERCOMING FRUSTRATION & ANGER

Boys in Grades 4-6

Mondays, February 24, March 2, 9, 16

6:00-7:30pm

Presented by Joe Lilly, LMSW

GIRLS STAND STRONG

Girls in Grades 4-6

Mondays, February 24, March 2, 9, 16

6:00-7:30pm

Presented by Erin Zeller, LMSW, CTS

APRIL 2020

Parenting Program:

PARENTING BEYOND BEHAVIOR

2-week Workshop

Mondays, April 20 and 27, 7:00-8:30pm

Presented by Joe Lilly, LMSW

Child & Adolescent Therapist and Owner of
Lillybrook Counseling Services

MOST PROGRAMS HELD AT THE TROY SCHOOL DISTRICT SERVICE CENTER

4420 Livernois Road, Troy 48098

TroyYouthAssistance@troy.k12.mi.us 248-823-5095

Registration information on our website: www.troyyouthassistance.org