

TROY YOUTH ASSISTANCE presents:

Parenting with Boundaries When To Say Yes and When To Say No

For Parents of Children of All Ages

This class will help you...

- Recognize the boundary issues underlying behavior problems
- Set healthy boundaries and establish appropriate consequences
- Get out of the parenting traps: *nagging, over control, doormat*
- Stop using anger to discipline
- Keep *entitlement* from growing
- Create the environment to grow *self-control*
- Apply the ten laws of boundaries to parenting



Six- week Program on Monday evenings:

7:00 p.m. to 8:15 p.m. – Instructional time

8:15 p.m. to 9:00 p.m. – Optional: Question & Answer session with instructor

- Session 1: **January 23, 2012** Why Kids Need Boundaries
- Session 2: **January 30, 2012** Sowing & Reaping—Responsibility
- Session 3: **February 27, 2012** Power - Respect
- Session 4: **March 5, 2012** Motivation—Evaluation
- Session 5: **March 19, 2012** Pro-activity—Gratitude
- Session 6: **March 26, 2012** Activity—Honesty

Registration Required. Payable in advance to Troy Youth Assistance or at the door

\$15.00 per person; \$20.00 per couple (Parenting w/ Boundaries alumni free)

Babysitting for children up to age 12 available

\$20.00/ 6 sessions OR \$5.00/family per session.

Scholarships available.

Presenter: Larry M. Cranston, a certified *Parenting* Instructor

Stone Haven Free Methodist Church

1349 W. Wattles Rd.

between Crooks and Coolidge

Questions? Call 248-823-5095 or email troyyouthassistance@troy.k12.mi.us

Mail or Drop off Registration:

Troy Youth Assistance

4420 Livernois

Troy, MI 48098

Parenting with Boundaries

Name: _____

Address: _____

Phone: _____ Email _____

I need babysitting: Yes _____ or No _____ How many _____